

## Outpatient & Therapies

The aim of Outpatient & Therapies is to improve the quality of life for you and those who are close to you.

You will be offered an appointment with a member of our multi-professional team which will last about an hour. This is an opportunity for you to tell us what is important to you so together we can plan your treatment programme and help you set and achieve any goals you may have.

We offer various levels of support either on an individual basis, within a group setting, as a short course or a one-off workshop.

The team can provide:

- Symptom management
- Rehabilitation and self-management
- General wellbeing
- Emotional wellbeing

Light refreshments are provided and freshly cooked meals are available for purchase.

Telephone **020 8343 8841** and ask for Outpatient & Therapies

Outpatient Clinics are held at our Winchmore Hill and Finchley sites. We encourage patients to make their own arrangements to attend appointments. In certain circumstances, we may be able to provide transport.

**Winchmore Hill**  
**110 Barrowell Green, London, N21 3AY**

Free parking is available on site or in surrounding residential roads.

**Public Transport:** Bus Nos. 329 and 629 stop on Green Lanes. It is a 10-15 minute walk along Barrowell Green to the Hospice.

“The staff make me feel at home, they are friendly, kind & gentle and take the best care of me.”

## Finchley

**47 Woodside Avenue, London N12 8TT (for Sat Nav use N12 8TF)**

Free on-street parking is available around the Hospice, on some single yellow lines (check the signs), and in residents' bays, except between the hours of 2-3pm, Mon-Fri. Daily £1 vouchers are available from the cafe, allowing you to park in the residents' bays between 2-3pm. There is also limited Pay and Display. **The car park is for staff only.**

**Public Transport:** Buses 263 and 125 stop on the High Road opposite Woodside Grove close to the Hospice. Buses 221, 134, 82 and 460 stop at Tally Ho Corner, approximately 15 minutes walk. The nearest tube station is Woodside Park (Northern Line, High Barnet Branch). The Hospice is a 7-10 minute uphill walk from the station.

**The Hospice cannot accept responsibility for loss or damage to any property.**

The Hospice is committed to providing a safe, calm, comfortable environment for patients and visitors and respectful working conditions for staff and volunteers. Bullying, harassment or threatening behaviour of any kind will not be tolerated. The Hospice will take prompt action to prevent any such conduct directed towards patients, visitors, staff or volunteers.

### Privacy

The Hospice has a duty to protect the privacy of all patients, staff, volunteers and visitors. Taking photos, filming or recording of any person on the premises, without permission, is strictly prohibited.

Our Statement of Purpose gives a full explanation of the services we offer and is available on request.

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North London Hospice  
47 Woodside Avenue,  
London N12 8TT  
(for Sat Nav, use N12 8TF)

Tel 020 8343 8841  
Fax 020 8343 7672

Email: [nlh@northlondonhospice.co.uk](mailto:nlh@northlondonhospice.co.uk)  
[www.northlondonhospice.org](http://www.northlondonhospice.org)

NORTH·LONDON  
H O S P I C E

Serving the Boroughs of Barnet, Enfield & Haringey