

NORTH · LONDON  
HOSPICE

Registered Charity No. 285300



Caring for people in  
our local community

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What a truly  
wonderful  
place this is.



# CARING FOR PEOPLE in our local community

North London Hospice is a registered charity, caring for local people since 1984.

We help people with specialist needs as a result of a potentially life-limiting illness - physically, emotionally and spiritually. We support patients in making the most of their life despite their illness. We respect all beliefs, lifestyles and cultures and welcome patients from all faiths and communities.

We also offer emotional and practical support to patients' families, friends and carers.

We provide multi-professional teams, which include doctors, nurses, physiotherapists, social workers, counsellors and chaplains. All our services are free.

# COMMUNITY SERVICES

provided by North London Hospice



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You helped us all through a very difficult time and took a lot of the pressure off.

Most people living with a life-limiting illness would like to stay in their own home. We can provide specialist advice for pain and other symptom control issues as well as emotional, social and spiritual support. We work alongside other Community Health professionals who may be involved in the patient's care e.g. GPs, District Nurses and Social Services departments.

## Health and Wellbeing Service

- Symptom management
- Rehabilitation and self-management
- General wellbeing support
- Emotional, psychological and spiritual wellbeing support

Based on an initial assessment, support is given by our multi-professional team in a flexible programme. This may be within a group setting, as a short course, a one off workshop, or on an individual basis.

The team includes a palliative care consultant, clinical nurse specialists and a social worker. We provide physiotherapy, occupational therapy, psychology, spiritual care, complementary therapy and art psychotherapy.

We also offer a Volunteer Respite Service which supports isolated people at home. A trained volunteer will visit once a week for up to three hours, offering respite to their carers.

# Specialist Palliative Care Teams

The Teams in Barnet, Enfield and Haringey include Clinical Nurse Specialists, doctors and social workers who will work with the patient and their family. Assessments take place at home or at clinics held at our Finchley and Winchmore Hill sites.

## Palliative Care Support Service

We provide hands-on care, crisis intervention and end-of-life care at home from Registered Nurses, Health Care Assistants and trained volunteers. The service works in partnership with District Nurses.

## In-patient Unit

We have 18 single en-suite rooms at our Finchley site, offering specialist 24-hour care. Patients can be admitted for various reasons including symptom control or end of life care. The unit provides short-term care only.

## Social Work Service

We help patients to cope with the emotional effects of ill health and their families and close friends to cope emotionally as carers.

## Bereavement Support Service

We help bereaved families and close friends to express their grief and make the transition to the future.

Support is provided by volunteers who are specially trained. This service is in addition to those provided by our specialist palliative care staff (nurses, social workers and doctors).



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*From the bottom  
of our hearts  
thank you for  
your care and  
compassion.*

## How to access North London Hospice services

To be considered for any of our services, we suggest that you talk to your doctor or nurse, or telephone the Hospice. A referral form can be obtained from your GP, hospital or the Hospice. We recommend that this form is filled in by a health professional as it asks for detailed medical information.

# OTHER SERVICES

provided by North London Hospice

## Volunteers

Volunteers contribute in many different ways to the care of patients and relatives and in the day-to-day running of the Hospice and its charity shops. Much of our work is dependent on volunteers and we value their contribution. We provide regular training to support volunteers in their role.



## Education

North London Hospice Education Department offers healthcare professionals a range of education and training courses designed to ensure that a high standard of palliative care is given to the community.

The Hospice is a regional Gold Standard Framework centre and runs nationally recognised training programmes. We work closely with colleagues in the community to ensure that high quality palliative care can be delivered wherever it is needed.

We have an education programme at our Finchley and Winchmore Hill sites and can customise and deliver programmes at external venues to suit the needs of different professionals and organisations.

## How we are funded

North London Hospice is a registered charity and not directly part of the NHS. All our care is provided free of charge. It costs more than £8 million every year to fund our services. Although we receive some government funding, we rely on donations and legacies to meet the cost of providing over two thirds of our care.

While staff members cannot accept personal gifts, North London Hospice is immensely grateful to everyone who supports our work by making donations, leaving legacies or giving us items we can sell in our shops.



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For more information on any of our services or volunteering, please contact the Hospice on **020 8343 8841** or go to **[www.northlondonhospice.org](http://www.northlondonhospice.org)**

## North London Hospice shops

We have a number charity shops throughout Barnet, Enfield and Haringey including a furniture shop and a discount shop. We sell a wide range of clothes, books, bric-a-brac, jewellery, CDs, DVDs etc. Please think of us when you are clearing out your cupboards - you can donate items to your nearest shop or bring them to the Hospice. We can also collect your donations and furniture – call **020 8343 6813**.

Visit [www.northlondonhospice.org](http://www.northlondonhospice.org) to find your nearest shop.

We can now claim Gift Aid on your donated goods, increasing their value by an extra 25% - it's free so please ask for details.



## Fundraising

We hold a variety of events throughout the year to raise money for the Hospice including walks, runs, challenge events, Bridge evenings, coffee mornings and cake sales.

If any individual, group, school or business would like to organise their own event, please let us know and we will do all we can to help.



# Leave a gift in your will to North London Hospice



Remembering the Hospice in your will is a wonderful way to help us care for generations to come. There are many ways of leaving a gift to charity, whilst keeping the financial impact on your other beneficiaries to a minimum.

Leaving a gift to North London Hospice puts you at the heart of our growing community of patients, families, volunteers, and supporters.

If you wish to make a will and benefit the Hospice in some way, we hold two events a year with solicitors who will help you write a basic will at no charge.

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NORTH·LONDON  
HOSPICE

**Serving the Boroughs of Barnet,  
Enfield and Haringey**

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